

Bath Fizz Instructions

Materials:

½ cup baking soda

Few drops soap coloring or food coloring (until desired color is reached)

¼ cup citric acid (most important ingredient!)

3 tsp. castor oil

¼ cup cornstarch 1 tbsp. essential oil

¼ cup epsom salt 1 tbsp. water

Mold (plastic holiday ornament, soap mold, half a tennis ball etc.)

Instructions:

1. In a medium size bowl, whisk dry ingredients together, and in a separate small bowl, mix wet ingredients.
2. Add the liquid to the dry mix, one spoonful at a time and whisk as you go. Pouring too much, too quickly will activate the solution! The mixture will start to clump together. Continue whisking until you have a thick, even consistency.
3. Pack your mold tightly and fully. Put both mold halves together. They should be filled to the brim so that they stay together once dried. If using a tennis ball, use a rubber band to fasten in place. If using a plastic ornament, apply pressure until it clicks shut. It's best to let it dry overnight, but if you'd like to use it right away place it in your fridge for half an hour.
4. Carefully remove it from the mold once it's completely dry.